

**Holy Protection of the Mother of God  
Byzantine Catholic Church**

CHURCH: 1201 S. Elizabeth St. Denver, CO 80210  
 RECTORY/ MAILING: 1074 S. Cook St. Denver, CO 80209  
 WEBSITE: www.holyprotection.org  
 FACEBOOK: www.bit.ly.com/holyprotection  
 TWITTER: www.twitter.com/holyprotection  
 BULLETIN (requests by noon Wed): bulletin@holyprotection.org  
 Daily Prayer Resources: flocknote.com/holyprotectiondenver

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 General Administration: admin@holyprotection.org

**Upcoming Sunday Social Schedule:**

- 3/10 Perla Hoskins to provide food after Liturgy
- 3/17 Open
- 3/24 Bunderson/ Barstad families to provide food after Liturgy
- 3/31 Pauline Meert to provide food after Liturgy

**If you would like to bring food for the social, there are plenty of Sundays available! Please go to our website (www.holyprotection.org) and click on the “Bulletins and Events” tab, “Parish Socials” then “Signup Genius”. Thank you!**

Day/Commemoration	Time	Service
<b>March 10<sup>th</sup> – First Sunday of the Great Fast</b>	7:30 am	Matins
	8:30 am	Adult Catechesis
	9:30 am	Divine Liturgy- Parishioners of HP
	3:00 pm	Divine Liturgy- Ft. Collins
<b>March 12<sup>th</sup> – Tuesday: Theophane, Ven-Confessor</b>	8:30 am	Morning Prayer
	9:30 am	Akathist Hymn
	4:30 pm	Evening Prayer
<b>March 13<sup>th</sup> – Wednesday: Translation of the Relics of Nicephorus, Patriarch</b>	1:00 pm	Sixth Hour
	6:30 pm	Presanctified Divine Liturgy- +Fr. T. Garabedian, from J. Kolan
<b>March 14<sup>th</sup> – Thursday: Benedict, Ven.</b>	8:30 am	Morning Prayer
	5:45 pm	Evening Prayer
<b>March 15<sup>th</sup> – Friday: Agapius &amp; Others, Martyrs</b>	8:30 am	Morning Prayer
	12:05pm	Presanctified Divine Liturgy- George
	4:00 pm	Evening Prayer
<b>March 16<sup>th</sup> – Saturday: Second All Souls Saturday</b>	10:00 am	All-Souls Divine Liturgy
	4:00 pm	Mystery of Penance (Confession)
	4:30 pm	Great Vespers
<b>March 17<sup>th</sup> – Second Sunday of the Great Fast</b>	7:30 am	Matins
	8:30 am	Adult Catechesis
	9:30 am	Divine Liturgy
	11:30 am	Forgiveness Vespers
	3:00 pm	Divine Liturgy- Ft. Collins

**CGS 2018-19 Schedule**

- Mar 10, 17
- Apr 7
- May 5 (Last session)

## Parish Prayer List

Pray for our ill and homebound parishioners:

***O Christ God, Divine Physician of soul and body, send your blessings upon your servants:***

Tony Howard, Larry Rock, Rhys Nunnally, Tom Graham, Justin Raimondo, Mike Mancinelli, Marge Driscoll, Sandy Woods, Fred Fraikor, Helen Kneck, Thomas Plahovinsak, George Kneck Jr, Betty Curtis, and Larry Rock.

***Bless also those whom you have given the ministry of caring for the sick. In Christ's name, we pray. Amen.***

*Please tell Fr. Michael if there are any who should be added to this list or if there are any shut-ins to whom the Holy Mysteries (the Sacraments) should be administered.*

*Email  
bulletin@holyprotection.org  
with the names you would like included, subject line  
"Parish Prayer List".*

## Announcements

### Men's Group Change of Time

The Holy Protection Men's Group will change its meeting time to 3:00 – 4:30pm on Saturdays starting 2/16/2019 (Saturday Vespers will follow at 4:30pm). All men in the parish are welcome and options available for those who want to bring children or spouses. Please contact Lane or Father Joel for details.

### Save the Date for the Next Alive in Christ Camp!

The next Alive in Christ Ascetical Boot Camp will be July 11 - 14, 2019.

Location: Black Diamond Camps near Auburn, Washington. Located about 45 minutes south of Seattle.

The camp is open to boys ages 7-17 and their fathers.

Please mark your calendars now and watch for upcoming Registration information.

We look forward to seeing you all there!

### Save the Date for the Next Myrrh-Bearers Retreat

SAVE THE DATE! 28-30 JUNE 2019

Madonna Retreat Center in Albuquerque, NM.

-Myrrh-Bearers is a spiritual retreat for girls (ages 7-11) (Track One), teens (ages 12-17) (Track Two), and women 18+ (Track Three)

-More info. soon.

-Point of Contact for your Questions: Pani Janet Escobedo - escobedo7174@msn.com Phone: (505) 720-8012

### Preparation for Pascha

Pascha (Easter) is the Feast of Feasts. We will spend the next 40+ days (40 days plus Holy Week) making sure we appreciate and receive the fullness of the gift of Christ's death and resurrection. We call this the "Great Fast". We prepare using the biblical and ascetical acts of **prayer, fasting and almsgiving**. Please consider these three separately and intensify them in anticipation of Pascha.

-Flocknote prayer resources and parish liturgical prayer will reflect the season.

-Please consider our Byzantine traditions when it comes to fasting: (From the Typicon)

"In the Great Fast, abstinence from meat, fish, dairy products, alcohol and foods cooked in oil was prescribed for all days, except days of mitigation. All Saturdays and Sundays, Wednesday and Friday of the Fifth Week (April 3rd and 5th) and the Leave-taking of Annunciation (March 26th) were mitigations for wine and oil. The Feast of the Annunciation (March 25th) and Palm and Flowery Sunday (April 14th) were general mitigations. **The Ruthenian Metropolia prescribes strict abstinence (from meat and dairy products) on the First Monday of the Great Fast (March 4th) and Great and Holy ("Good") Friday (April 19th) (for parishioners 18+) and abstinence from meat on all Wednesdays and Fridays (all parishioners).**"

-More intentionally sacrifice time and resources for your neighbor.

-More ideas will be shared in parish emails.

## Parish Celebrations

*Happy Birthday to:*

Tim Grondin  
3/12

Rachel Cary  
3/15

*May God grant you many happy and blessed years!*

**Did we miss you? Please email your name, birthdays and anniversaries to: bulletin@holyprotection.org**

### Collections

February 24, 2019

Parish

Souls: 86

Tithe: \$1569

Bishop's Appeal: \$5

Outreach

Souls: 37

Tithe: \$97

**Divine Liturgy Guide**

**The Divine Liturgy begins on page 11. Option [A] unless noted.**

**March 10<sup>th</sup> – First Sunday of the Great Fast  
Tone 1**

<b><u>When you get to the...</u></b>	<b><u>Go to...</u></b>
<b><i>Troparion</i> on pg. 27</b> _____	<b>pg. 125, 220</b>
<b><i>Kontakion</i> on pg. 27</b> _____	<b>pg. 220</b>
<b><i>Prokeimenon</i> on pg. 34</b> _____	<b>pg. 221</b>
<b><i>Alleluia</i> on pg. 34</b> _____	<b>pg. 221</b>
<b>Readings: Heb 11:24-26.32-12:2; Jn 1:43-51</b>	
<b>Magnification</b> _____	<b>pg. 221</b>
<b><i>Communion Hymn</i> on pg. 78</b> _____	<b>pg. 127, 222</b>

**THIS WEEK'S SANCTUARY LAMP continues to burn before the real presence of our Lord, God and Savior, Jesus Christ**

**From the GCU:**

**March 10-16 2019**

**In memory of the deceased members of The Frank Family**

**Offered by Dottie & John Chabin**

You are invited to sponsor the weekly Sanctuary Lamp in our Church for your intentions. The Sanctuary Lamp is a special candle that remains perpetually lit (near the front of the Church) to honor Our Lord Jesus' Eucharistic Presence: Body, Blood, Soul and Divinity in the Tabernacle on the Holy Table (Altar). If you are interested in sponsoring this vigil candle, the usual stipend is \$10. It will burn from Sunday through Saturday, and the bulletin will remind your fellow parishioners of your special intention or the memory of a loved one. You may request as often as you would like. To submit, please contact John or MaryEllen Oslick at 303-284-2304 or jwoact@comcast.net. Please include your name, intention, and the week you would like it to burn (every effort will be made to honor the week requested). Checks should be made payable to: GCU LODGE 144.